It's March, and that can only mean one thing in the Municipality of Kincardine and the Township of Huron-Kinloss... it’s time for the "Lots of Socks" Window Display Event in support of World Down Syndrome Day!

The "Lots of Socks" campaign was started by Down Syndrome International (DSI) to create awareness, support and to celebrate individuals around the world living with Down Syndrome.

Each year on the 21st day of the 3rd month, to signify the triplication of the 21st chromosome which results in an individual having Down Syndrome, DSI invites the world to get involved by wearing their brightly coloured, patterned and even mismatched socks and to celebrate in their own unique way.
We are so thrilled to reveal the portraits that will be hung in over 90 businesses throughout the Municipality of Kincardine and the Township of Huron-Kinloss this year. The theme “We Decide” shines through the portrait series captured by Jamie Edwards at JME Photography.

Each individual brought their own interests and skills to the studio for their very own photo shoot. These models were naturals, producing so many amazing images to choose from!

The posters and portraits are being handed out the first week of March. We are asking that displays are completed by March 13th leading up to World Down Syndrome Day on Saturday, March 21st, 2020.

On WDSD, March 21, Wear your brightly coloured, patterned and even mismatched socks to show your support and to celebrate those living with Down Syndrome.

For businesses who are not open on the 21st, we encourage you to wear your socks to work Friday, March 20th and share your photos with us.

To share your photos, please email them to cmc@clkd.ca and/or tag us on facebook.

Join the conversation by using these hashtags #LotsOfSocks, #WorldDownSyndromeDay and #WDSD20.
The Municipality of Kincardine is committed to providing accessible programs and services. Accessible services that meet people's needs while protecting the dignity and independence of people with disabilities. The Municipality of Kincardine is working to remove barriers to accessibility and create an inclusive community. They offer the entire community and visiting public the opportunity to fully experience many of our beaches, parks, washrooms and businesses.

The initiatives carried out by the Municipality of Kincardine in relation to accessibility is guided by the Accessibility Committee, a group of community members with the majority of members being persons with a disability. The Accessibility Advisory Committee meets every month to advise Council about the requirements and implementation of accessibility standards and to prepare accessibility reports. The current committee is comprised of Josh Easton, Lesley MacGregor, Tracey Adams-Bell, Jennifer Lawrie, Bruce Edwards, Sharon Woods, Alvin Lamont, Maureen Couture and Cathy Pennington.

The video debuted the end of January with a special screening at the Municipality of Kincardine office where local stars were (literally) given the red carpet treatment.

Here is what the actors and actresses had to say about the video and their experience creating it:

"I'm a celebrity!! Now everybody's going to see our faces! Do you want my autograph now?" - Randy

"I like [the video]. That's important] that people know what we're doing; how we get around and in and out of places." - Alyssa

"Even celebrities do things like dishes.”

"I feel so great about how this production went. I feel that this could reach a wide range of people. Giving that the editing was so good, I think Randy should have gotten an award" - Josh

Accessibility Committee at the Municipality of Kincardine's video premier.
Left to right: Josh Easton, Lesley MacGregor, Tracey Adams-Bell, Jennifer Lawrie, Bruce Edwards, Sharon Woods, Alvin Lamont. Absent from photo: Cathy Pennington, Maureen Couture
To learn more about the resources available in the Municipality of Kincardine to improve accessibility, visit https://www.kincardine.ca/en/living-here/accessibility-services.aspx.

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**Volunteering With The Good Food Box**

Donald and Jen have been volunteering with the Good Food Box, since November and have developed a great rhythm with the rest of the Good Food Box team!

The group meets once each month to sort fresh fruit and veggies into boxes which are picked up by Good Food Box participants.

Jen showed off her skills, lining the baskets with paper, filling them with fresh fruits and vegetables, and helping to clean up after the boxes are assembled.

Donald has been packing boxes and lending his strength to lift the boxes of fruits and vegetables onto the tables for sorting. He’s also a big help disassembling tables after the boxes are packed.

After the hard work is done, Jen and Donald and the rest of the team enjoy a coffee and snack together before wrapping up for the day.

Great work everyone!
Stan is pictured here proudly holding the new axe he crafted at Thak Ironworks in Floradale ON.

In 2018, Stan began basic blacksmithing with Thak Ironworks where he built his own forging tools and has worked his way up to his current Intermediate Skill Level.

With his goal of crafting custom medieval armour, Stan will continue his practice locally at Forty Hills Forge in Mildmay, ON where 1:1 coaching will help him achieve his goal.

"I like blacksmithing because I can make anything I want; if you want something done the way you like it – you can just do it yourself! I can make things from movies that I’ve seen, and I want to make an armoured vest and a couple of helmets next" said Stan.

Stan recommends Thak Ironworks for anyone looking for blacksmith lessons saying "they have a good setup there".

When we asked if blacksmithing was a something Stan would consider for a career, he smiled and said "Sounds like fun!".

We’re excited to see what Stan makes next!

3 Weeks of Volunteering at CLKD
Hi everyone! My name is Kaitlin Dosman and I am volunteering at CLKD for three weeks. I am very excited to learn from the different groups and activities I get to attend and participate in while I am here. I am looking forward to meeting new people and experiencing new opportunities!

I am a student with Nipissing University in North Bay and this spring I am graduating from their Schulich School of Education program. I am hoping to be a teacher with the Bruce-Grey Catholic District School board! As a part of the program, we are required to complete a Community Leadership Experience (CLE) placement. The purpose of the CLE placement is to put the knowledge and skills I’ve learned in the program, into a community-based setting, while learning how the community-based programs can benefit the education system, and myself as a future teacher.

I am from the Bruce County area; I grew up in Formosa, attended high school in Walkerton and fortunately played sports in both towns. I love the sense of community I feel being part of a small area like Bruce County. This is one of the reasons why I chose to complete my CLE placement with CLKD. I support CLKD’s message of promoting full participation and inclusion of all people. This is a message I hope to always portray in my future classrooms! Throughout my placement so far with CLKD I have gained hands-on experiences interacting with individuals from community living that range from all ages. I have been able to attend a baby and me group, a sports group, and attend home visits. These experiences have allowed me to observe the support CLKD offers to families of all abilities. As a future teacher, I will be able to take these experiences with me and connect families who need extra support to community living because I have a stronger understanding of CLKD’s supports and services. Based on my experiences so far, I have seen the benefits of including all individuals, disability or not, in the community. I am definitely going to take what I have learned from my volunteering with community living into my future classrooms with the hopes of making my classrooms as inclusive as possible.
Kincardine Athletes Bring Home Medals!

It was a weekend of fun, dancing, laughter and medals at Special Olympics in Thunder Bay this past weekend as 7 athletes from the Kincardine area curled and skated their way to Silver and Gold.

Rosie Laidler brought home both a Gold and Silver Medal in Figure Skating; Brooke Thomas also brought home a Silver Medal in Figure Skating and the "Kincardine Thunder" curling team, Ryan Brodhagen, Allan Moore, Jessica Belyea, Jackie McDonald, Chris Weese, brought home Silver Medals.

Congratulations to the all of the athletes and coaches on their amazing accomplishments!

Upcoming Events & Activities

Parent Coffee Group
March 26th, 2020

Join us at the CLKD office, 286 Lambton Street, Kincardine for a the drop-in parent coffee group.

Please contact: Jolene Shelton at jshelton@clkd.ca for more details.

World Down Syndrome Day
Next month includes World Down Syndrome Day and our annual "Lots of Socks" campaign. Get involved by wearing your bright, polka-dot, mismatched, striped or favourite knee high socks on March 21st as we celebrate the members of our community who are living with Down Syndrome.

Registration is now open for the "Lots of Socks" Window Display contest. Contact Catherine at cmc@clkd.ca for the registration package and more details.

You could be the next Golden Sock Award winner!

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**World Autism Awareness Day**

April 2, 2020

A day when we come together to raise awareness of Autism Spectrum Disorder (ASD) around the world.

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**Health & Wellness Fair**

April 5, 2020

The 7th Annual Health and Wellness Fair has a large variety of health related services and products with something for everything. Funds raised go to Community Living Kincardine & District to enhance their programs and services.

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**National Volunteer Week**

April 19-25, 2020

Help make this National Volunteer Week extraordinary. Let’s join together and ensure the 12.7 million Canadian volunteers we count on receive a well-deserved round of applause. **It’s time to applaud this country’s volunteers.**

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To learn more about CLKD’s services and events, visit our website!

Like CLKD on Facebook  Follow CLKD on Twitter  Watch CLKD on YouTube  Send us an email

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