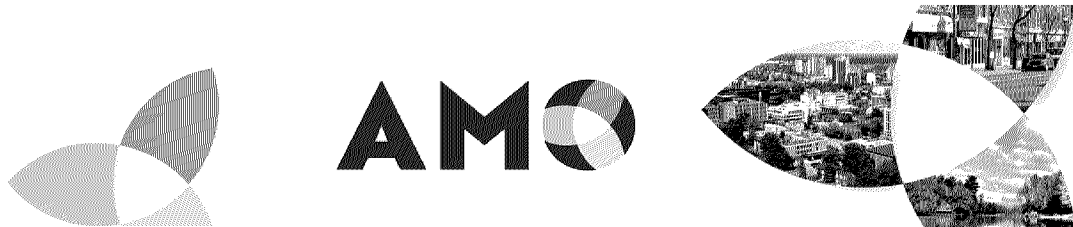


**Emily Lutz**

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**From:** AMO Events <events@amo.on.ca>  
**Sent:** Monday, 12 May 2025 2:01 pm  
**To:** Emily Lutz  
**Subject:** [Promotional] Only a few spots remain for AMO Rural Healthy Democracy Forum'



## **Bringing Rural Leaders Together for a Healthier Local Democracy**

**June 11, 2025**

**Almonte Old Town Hall Auditorium, 14 Bridge St, Almonte, ON  
K0A 1A0**

**Only a few spots remain for this one-day leading edge event!**

Brought to you in partnership with the Rural Ontario Municipal Association (ROMA), your municipal associations are coming together to support rural municipal leaders in discussion on ways to support community, your council and importantly, your self, in your leadership role. As we quickly approach the 2026 municipal election, this timely and impactful event is intended to remind all of us of the importance and value in the work you do including exploring strategies to support you.

Join your colleagues as a range of experts and rural municipal leaders gather for discussions on the state of democracy in rural Ontario. Engage in thought-provoking conversations and explore ways to strengthen civic participation and governance in your communities.

### **Program Highlight:**

***How to survive and thrive in the current political environment as a community leader.***

Municipal leaders are at the forefront of shaping vibrant, thriving communities, but the pressures of public service today—harassment, scrutiny, and unrelenting challenges—are causing many to step away.

Join us for an honest, hopeful conversation about how we can lead with resilience and purpose. Together, we'll explore:

- **Mental Health Matters:** Why prioritizing the emotional and mental health of elected officials is essential—and how we can create safe, sustainable environments for leaders to succeed.
- **The Power of Mentorship:** How trusted guidance and peer support can sustain leaders through challenges and help cultivate the next generation of public servants.
- **Finding Your Why:** How to lead from your values, stay grounded in your purpose, and unite your community around a shared vision for the future.
- Jordan Simmons, Co-founder & CEO, [Nominee](#)

### ***Sharing AMO's new civic education resources.***

In partnership with CIVIX, the national experts on civic education, AMO has developed new civic education resources that are available to all AMO members for use in their communities. Learn from Mayor Jamie McGarvey, and teacher Julie Hoyles who have used the resources and can share their experiences.

These resources have been designed to support you in building understanding of the role of municipal government, your role as a local leaders and the importance of engagement in municipal governance. These tools are an important ally building resource.

- Mayor Jamie McGarvey, Town of Parry Sound
- Julie C.P. Hoyles, Grade 5/6 Teacher, Manor Park Public School

[View the program here.](#)

### **Registration and Accommodation:**

To register and book your accommodations click [here](#).

For more information, on **AMO's Healthy Democracy Project** [click here](#).

Questions? Reach out to [events@amo.on.ca](mailto:events@amo.on.ca).

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