

Collaborating with Youth to Empower Wellness

### The REALITY

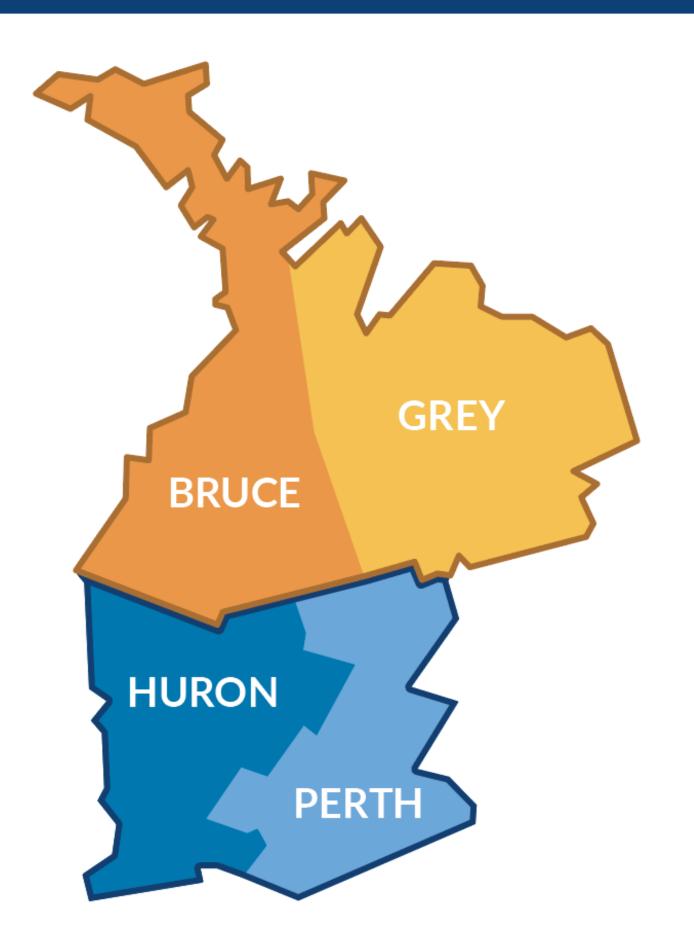
- 1 in 4 Canadian youth 15–26 experience mental health and substance use disorder.
- Huron, Perth, Grey & Bruce youth ages 18-29, experienced a 100% increase in males and 79% increase in females who reported poor mental health.
- Regular heavy drinking, addiction and substance use is an immediate health concern, with self-reported use in Grey, Bruce, Huron and Perth tracking higher than the provincial average.
- Suicide is the 2nd leading cause of death among youth 12-24 in Ontario. Suicide rates in our communities are again **higher than the provincial average**.

#### **OUR VISION**

Healthy, safe and well young people.

### **OUR VALUES**

Youth-Centred Collaboration Inclusion Innovation Integrity Curiosity



### **OUR MISSION**

Engaging rural youth and communities to codevelop and colead the development of safe, accessible spaces for youth to belong and receive wellness care and supports



# Community Collaboration





# Roadmap



### Evidence Based



- Walk-in services
- One stop shop of integrated services
- Evidence based interventions
- Services matching the level of need
- Focus on transitional age youth 18 25
- Co-created with youth & families



# Local Impact

- √ Focuses on intervention and prevention
- ✓ Increased access for youth to service
- ✓ Provides safe space, belonging and connection
- ✓ Increased youth retention in local communities
- ✓ Model of care that is transferable across Ontario 27 sites



# Financial Impact

✓ Return on Investment is \$9.61 for every \$1 dollar invested.

$$$1 = $4 473$$



# Fundraising Campaign

The Well Community Collective has embarked on a \$6 million campaign in April of 2024.

30% Capital 70% Programming



# Questions

